

**Icon Allstars 2008-2009
Dance Tryout Packet
Checklist**

The following items must be complete before turning in.

1. Have you initialed and dated each page of the Icon Allstars 2008-2009 Tryout Packet?
2. Have you made yourself a copy of the packet for your records?
3. Have you filled out a *registration form* and a *medical release form*? They can be found on the website.
4. Have you filled out the *tryout form*?
5. Have you attached a picture to the tryout form?
6. Do you have a check for the tryout fee? The fee is \$35 paid to Icon Allstars. *This fee is non-refundable.*
7. Once all of this is completed, please turn into the front desk by Friday, April 18th.
8. If there are any questions, please e-mail us at Matt@Iconallstars.com or give us a call at 770.889.8977
9. All unpaid balances from the previous year must be paid in full in order to tryout. If there is an unpaid balance on your account, you will not be able to tryout.

**Icon Allstars 2008-2009
Dance Tryout Packet**

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Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

Icon Allstars 2008-2009 Dance Tryout Packet

Section One

Costs/Annual and Monthly

Payable to Icon Allstars:

- Monthly Gym Fee \$85
 - Includes two 1 1/2 hour practices and 1 hour of structured tumbling
 - Other classes such as stretching, stunt classes, etc. are extra and are not included in this \$85 price.

Payable to Icon Allstars Booster Club:

- Uniform \$150 *
- Shoes \$70
- Cutie Booties (Bloomers) N/A
- Bow N/A
- Coaches Fees \$65
- Choreography Fee \$250*

- Make-up, spray glitter, and etc. will be determined at a later date and will be extra and vary between squads.

* Subject to change

Booster Club Payment Schedule

- May 1st - \$220 Uniform, Shoes
- June 1st- \$315 Choreography Fee (\$250), Bow, Coaches Fees
- July 1st - \$215 towards competition fees *
- August 1st- \$160 towards competition fees *
- September 1st- \$160 towards competition fees *
- October 1st- \$160 towards competition fees *
- November 1st- \$125 towards competition fees *

Total = \$1,355 for the entire season (includes all competitions fees, choreography, uniform pieces, etc.)

*** These prices for competition fees are from the previous season's prices and are subject to change when current prices are posted.**

The booster club will only accept checks written to Icon Allstars Booster Club. We can not accept one check for gym fees and booster club. These are separate accounts and we require one check written to the booster club and a separate check written to the gym.

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

All balances due to Icon Allstars Booster Club must be paid in full by November 15th, 2008 in order for your child to continue with the season.

If there are any problems financially, please speak with Matt Hodges immediately. Icon Allstars will do its best to work with your situation, but please do not let it get out of control. Outstanding balances could result in your child losing their spot on the squad. There are numerous fundraisers you can participate in to help with the costs, so please utilize them.

There will be NO refunds (competition fees, clothing costs, gym fees, etc.) to anyone who quits or is asked to leave the program. Anyone who leaves or is dismissed is responsible for all debts and legal fees.

Section Two

Tardiness and Absences

- Tardiness is defined by 15 minutes late to practice or leaving a practice early
- Excessive tardiness and absences will result in dismissal from the team
- Tardiness to a competition will not be tolerated. You are required to arrive at the competition at the designated time given to you by your coach. All times are given to you for a reason, so please be on time. If you are deemed unreliable and cannot make it to the competitions at your scheduled time you will be charged \$50 for every half hour you are late. If the problem persists you will be asked to leave the team.
- Please plan vacations and activities around scheduled gym breaks.
- In this packet, there is an "Absence Request Form." Please fill this form out as soon as you know your schedule and turn it in to the front desk. This form is not to be abused. Excessive absences need to be addressed with the coach. We need this form filled out so we can plan our practices accordingly.

Section Three

Injuries

- Parents need to understand that cheerleading and dance is a highly competitive and dangerous sport. Stunts and tumbling can lead to injury. These include, but are not limited to: bruises, pulled and strained muscles, torn or strained ligaments, broken bones, dislocations, paralysis, or even death. We at Icon Allstars do everything in our power to limit these injuries from occurring, however, we can not prevent them all from happening. If your child becomes injured, we will do everything necessary to ensure your child's well being.

Section Four

Conditioning

- All-star Dance is very strenuous and athletes in our program are expected to be in the top physical shape. This includes flexibility, strength, and endurance. If a team

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

member is lacking in an area, they will be required to take a flexibility class or any other class offered we feel they need. These classes are not included in the normal gym fee.

- All team members are expected to take care of their bodies. This means no drugs, no alcohol, and no tobacco. If anyone is caught drinking, smoking, using drugs, or if there is an eating disorder, they will be expected to take the necessary steps to quit. We will, of course, help in any way we can.

Section Five

Important Dates

- April 19th – 20th Tryouts
- April 26th All-star parent meeting
- April 26th - 27th Dance Tryouts
- May 3rd All-Star Dance parent meeting
- May 4th Practices Begin
- May 10th Mother's Day (No Practice)
- **May ?** **Uniform Sizing (Mandatory)***
- May 24th - 26th No Practice (Memorial Day)
- June 15th No Practice (Father's Day)
- June 29th – July 6th No Practice (Fourth of July)
- **End of July** **Choreography Camp (Mandatory) ***
- August 15th Balance Check on Booster Fees **
- August 31st - Sept 1st No Practice (Labor Day)

* Please leave the mandatory dates open as everyone needs to be here during these times to be sized or for choreography.

** On August 15th, there will be a balance check on each account to make sure they are up-to-date with payments. If the booster account or gym account is past due, your child may not be allowed to continue with the season.

The competition schedule will be posted once we finalize the schedule. Please check the website for when we post the competition schedule. We will begin competing the first week of November and end our season at the end of March.

Section Six

Dress Code

- There will be no cut off shorts, biker shorts, baggy shorts or shirts allowed.
- No sports bras only. Sports bras should always be worn under t-shirts or tank tops.
- All cell phones and pagers must be turned off during practice.

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

- NO JEWELRY! This includes ears, nose, tongue, eyebrow, belly button, and any other piercing which could endanger your child or another.
- At competitions, you are required to go on stage for awards in full uniform. No t-shirts over uniform, pants under skirt, etc. You are required to look as if you are competing.
- Please understand you are representing your team and Icon Allstars wherever you go. Please make sure you present yourself in such a way.

Section Seven

Parents and Relatives

- Please do not gossip about other children on your team or another team.
- Please, do not gossip about coaches, either.
- Please do not yell onto the floor at a team member or coach while practice is in session.
- Please feel free to speak to the coach about anything, just remember to do it at the appropriate times. For example, approaching a coach in the middle of a practice or class is **not** an appropriate time.

Section Eight

General Information

- If there is a problem with anything, please address your coach with that problem immediately, or feel free to talk with Matt about any problem that arises.
- ***NO gossip about any other team, whether it be school or all-star. NO gossip about any other team members.***
- No profanity, abusive language, or inappropriate gestures.
- NO MENTAL BLOCKS! Mental blocks are evil and contagious and we do not believe in them. If your child has a mental block, they may be asked to leave the practice that day.
- During practice, your opinion does not count. ***All squad and routine decisions are left to the discretion of the coach.*** If there is a problem, please bring it up after practice.
- Every year, we go through losses and additions to teams. The dismissal or addition of a member is the coach's discretion.
- Practices may be changed and/or added throughout the season.
- Anyone threatening to quit, or pull his/her child from a team will be dismissed from the program *immediately*. Fees will not be refunded.
- It is the parent's responsibility to know what is going on with your squad at all times. Please check the website and check with the team mom or coach to know what is going on.
- Practices and competitions are not to be used as punishment for your child's actions outside of the gym. You not only punish your child, but every other child and parent on that team.

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

- We will do our best to work around extracurricular activities with school, as long as they are willing to work around our mandatory practices and competitions.
- ***All cheerleaders will use the same accommodations as the rest of the teams during out of town competitions. There MUST be a parent in every room, no exceptions.***
- ***Each cheerleader must have a chaperone at every competition. It is not your coach's responsibility to be your child's chaperone.***
- Each team will be assigned other teams to watch at competitions, and are encouraged to stay all day. At the very least, you are required to watch your assigned teams. If attendance becomes a problem, a fine will be placed for missing performances and every team will be required to watch every team. Please be courteous enough to watch your assigned team.
- Parents, relatives, friends, and cheerleaders are not allowed to speak with competition officials for any reason. If there is a problem, address it with your coach and they can handle the situation.
- All Dancers and Icon families are required to show good sportsmanship and represent themselves in a respectable manner.
- If there is a disciplinary problem or unacceptable behavior, especially at a competition, this could be grounds for your child's dismissal from the team.
- There will be no arguing or questioning the coaching staff's decisions at competitions.
- We can close practices at any time and this is up to the coach's discretion.
- We are allowed to change, add, or subtract any rule at any time.

We are looking forward to this coming season. Please make sure you have read over everything in this packet and understand everything set forth. Once you have read everything, make sure all of these pages are signed and turned back into the front desk. Please adhere to the rules set forth in this packet to help make this season run as smoothly and efficiently as possible. We are expecting great things this season. Thank you.

We're Your ICON

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____